



The Honorable Laura D. Supica
Joint Committee on Veterans and Legal Affairs
2 State House Station
Augusta, ME 04333

May 2, 2025

Honorable Laura D. Supica & Members of the Joint Committee on Veteran and Legal Affairs,
My name is LaJuan Allen, and I am the Executive Director of Vote16USA at Generation Citizen. Vote16USA is a national campaign that supports efforts to extend voting rights to 16- and 17-year-olds on the local and state levels, helps start new local campaigns, and elevates the issue's prominence on a national level. I am writing to testify in strong support of LD 1446, SP058, *proposing an Amendment to the Constitution of Maine to Lower the Voting Age to 16 Years of Age*, which will lower the voting age to 16 in Maine, giving youth a voice and strengthening our democracy.

We have an opportunity to strengthen our democracy by giving students a voice in the decisions that directly impact them. Research demonstrates that 16- and 17-year-olds are not only capable of participating in elections, but they are also highly motivated to do so. A [2020 study](#) from Tufts University's CIRCLE found that 16- and 17-year-olds exhibit political awareness comparable to older voters, and they are eager to engage in the democratic process when provided the opportunity. Furthermore, countries like Austria and Scotland, which have lowered the voting age, [report positive outcomes](#), including high voter turnout and sustained engagement in subsequent elections. LD1446, SP058 will amplify the voices of thousands of students in Maine.

There are already 13 jurisdictions nationwide that allow 16 and 17-year-olds to vote in local elections. Takoma Park, Maryland successfully allowed 16-year-olds to vote in municipal elections since 2013, with [participation rates surpassing 75%](#). Takoma Park's experience provides compelling evidence of success: in the first election after the change, turnout among 16- and 17-year-olds exceeded that of any other age group. Since then, similar initiatives in California, New Jersey, Vermont, and even 22 countries including Brazil and Argentina have demonstrated that engaging younger voters builds a more representative & participatory democracy. This experience underscores the capacity and ability of young voters to contribute meaningfully to civic life.

Research in developmental psychology and neuroscience supports lowering the voting age to 16, as 16- and 17-year-olds [possess the cold cognitive abilities necessary for informed decision-making in elections](#). Cold cognition—the deliberate, reasoned thinking used in situations that allow time for reflection, such as voting—is fully developed by age 16. Studies show that adolescents at this age can process information, evaluate consequences, and make rational choices on par with adults. Lowering the voting age aligns with scientific understanding of adolescent decision-making and strengthens democracy by fostering lifelong civic participation at a critical developmental stage.

LD1446 & SP058 fulfills the promise of our democracy while giving students a voice in the community. As a representative of Vote16USA, we ask that you strongly support LD1446 & SP058 and pass it out of committee.

With hope,
LaJuan Allen
Executive Director of Vote16USA