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As a 58-year-old, recreational bike rider I am finding myself feeling less and less safe on our roads. My wife and I love separate trails, especially paved trails, that give us access to areas of our state.

I am a liver transplant Survivor (2012). Having nearly lost everything, we now try to find health activities to share. We even look for States that have good trail networks when choosing our vacation spots. We have met others who do the same.

Using Rails Until Trails will open so many doors for so many people.