## Elisabeth Heij Belfast

To Whom It May Concern,

Maine residents are in need of affordable net-zero housing.

I am a 62 year old licensed clinical social worker. I've been priced out of Portland, now living in Belfast, which also has a very tight (increased pricing and decreasing availability) housing market. I fall in between income and housing brackets, too high to qualify for public or affordable housing, too low for private sector. The majority of affordable housing is made with poor quality and high co2 and other chemicals emission, further increasing the challenge to live a dignified and healthy life as a masters level professional dedicating her entire life to working in non-profit health and human services and raising a healthy and productive family. If we want to help reduce cost of health care, both medical and behavioral, we need to begin with acting on the belief that everyone deserves to live with respect, dignity and natural beauty.