

Testimony in Opposition to LD 380

Katherine Marble, LCSW

Resident of Temple, Maine

Dear Senator Carney, Representative Kahn and honorable Members of the Judiciary Committee,

My name is Katherine Marble, and I am a Licensed Clinical Social Worker. I am writing to express my strong opposition to LD 380, An Act to Amend Certain Laws Prohibiting Gender-Affirming Care.

Gender-affirming care encompasses a range of medical, psychological, and social services that help individuals align their gender identity with their physical appearance or social roles. This care is evidence-based, patient-centered, and widely supported by major medical and mental health organizations, including the American Medical Association, the American Academy of Pediatrics, and the American Psychiatric Association.

As a licensed mental health professional, I work oversee the care of individuals and families to support their well-being. Part of that responsibility includes collaborating with medical professionals to ensure patients receive the care that is safe, appropriate, and tailored to their individual needs. Gender-affirming care is not about ideology, it is about health, dignity, and evidence-based practice.

LD 380 threatens to interfere with that care, inserting political ideology into deeply personal and medical decisions that should remain between a patient and their provider. This not only undermines the therapeutic alliance but also sets a dangerous precedent where medical decisions are dictated by political actors rather than trained professionals.

No one wants a politician in the exam room. We all want what is best for our health, and that includes trusting our licensed providers to guide care based on established medical standards, not legislative overreach.

I urge you to oppose LD 380 and stand up for the rights of patients, families, and providers to make informed decisions based on science, compassion, and individualized care.

Respectfully,

*KMarble*