Brady Lemieux Arundel, Maine May 8, 2025

Senator Carney, Representative Kuhn, and Honorable Members of the Judiciary.

Thank you for the opportunity to address the committee. My name is Brady Lemieux. I am a resident of Arundel, and I am writing in opposition to the LD 380 bill.

I write, not as someone who has faced the struggles of a transgender individual, but as someone who grew up very closely with my transgender cousin. My cousin was not born a man, but for as long as I can remember, they have been one. And I would not be the person I am today without them being themself.

Denying transgender people the recognition and care that they need will not get rid of their needs. According to the Trevor Project National Survey on the Mental Health of LGBTQ+ Young People, 50% of LGBTQ+ young people nationally have not received the mental care that they wanted. Passing this bill will increase a percentage that's already much too high.

This bill does not have the greater interest of the young people of Maine in mind. It will simply ensure that transgender Mainers suffer the devastating effects of stigma and denial of care.

Thank you for the opportunity to share my perspective with the committee. I urge you to vote "Ought not to pass" on these bills. Thank you.