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There are few professions where both the rewards and the challenges are more significant than for those of us working in Mental Health. But this line of work is not for everyone, as it's a dangerous work environment and the struggles of clients are often quite severe. That does not stop this vulnerable population from needing help, now more than ever since the pandemic has affected people's mental health. Not only is the quality of care provided important, but also the safety of our patients and staff. To provide this, we need additional support. Currently, we are understaffed and this impacts the delivery of care and safety of the unit. Healthcare workers in this facility are feeling stressed, undervalued and are leaving for better opportunities and pay packages. Turnover is high and costly because it takes time and resources to find and train new employees. Attracting staff to the mental health field is hard enough but with the rising inflation, there is a struggle to retain workers. To be competitive with other healthcare facilities and the private sector, a financial incentive would do wonders and boost morale.