

Haley Carmichael  
Waldoboro

Dear Senator Claxon, Representative Meyer and esteemed committee members

I, Haley Carmichael RN, from Waldoboro ask that you ought to pass LD867 an act to delay mandatory Covid-19 vaccines for 5 years due to the unknown risks. I am a Registered Nurse in my home state of Maine for 16 years. I ask that you hear my truth. I have had Covid-19. My whole household, 2 young children and husband, have had the Covid-19 virus. Our experience with the virus was like any other head cold/flu. Our symptoms were mild and none of us had to seek any medical help or support to overcome the virus. We all now have natural immunity to the covid-19 virus. I know countless people whom have had the virus and they have all overcome the virus without medical help. The CDC estimates more than 146 million people have had the virus. More than half that number is 18-49year olds, and more than 50% of all children in the United States have had it. That's a great percentage who have acquired natural herd immunity. It should be allowable to use natural immunity as an alternative to being vaccinated, just like they use natural immunity to the varicella (chicken pox) virus.

I am also a breastfeeding mother. With little to no safety data on the effects of mRNA vaccines on pregnant and lactating women or fertility risks. I weighed my risks of dying from the vaccine (20,000+ deaths, one of the first pregnancy studies of 827 there were 115 losses) or suffering an adverse reaction (over 1 million reported) in myself or my young child were far greater than my less than 1% chance of dying from the Covid-19 virus itself. I am glad I chose the best option for myself, even though I had to give up my career. There are lots of my fellow nurse friends who are looking out for their own health because our lives and our children and future children are as important as the people we care for outside our family. It hurts us to sit on the sidelines and know our co workers are struggling because we value our own health and lives. The CDC and FDA have said the vaccine doesn't prevent you from becoming ill with the virus it may only reduce your own symptoms. The vaccine doesn't prevent the spread, you can still be an asymptomatic carrier.

Best,  
Haley Carmichael