

Barbara Hubbard
Sidney

I have tried other forms to help me quit smoking, but alot of them interfere with my seizure meds. So at the time my doctor suggested to me to try vaping. I started out at 12mg of nicotine 6 years ago. Now I am down to almost zero nicotine and feel 100% better. I am working my way to completely quitting vaping as well. I am just thankful to get off the nicotine!