

Blue Hellwig  
Bangor

Hello, my name is Blue Hellwig, I'm a local activist in the Bangor area and I would like to voice my late support of this bill. As a recovering addict and activist, I would like to see Bangor have more options for rehab and recovery. I had to find sobriety on my own terms all by myself, a feat I was lucky to accomplish, a feat that kills most people. It also pains me when someone will come up to me asking for resources, asking for someone to help them, and I have no where I can send them. This is because the recovery programs in Bangor, Maine, are often anti-LGBT, anti-homeless, and ultimately, anti-recovery. Often people that come up to me during my work have already been through the systems in place, and they do not want to find help there due to trauma. This makes anyone's life, anyone's living situation, anyone's family situation, be put at a higher risk and danger. It is impossible to improve and move up when addiction is riding your coattails and dragging you through the mud, and no one can help an addict get sober like a former addict/someone with direct experience, knowledge, and empathy. Thank you.