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I support bill number 1045: the Maine Health Care Act

I go to our local health center that serves several rural communities in my area for most of my health and medical needs. It is small but has most of the services a larger facility in a larger community would offer. I especially like the fact that they have walk-in hours for unplanned medical events.

Yesterday I went to see my doctor for a checkup. She told me she was leaving and I would have to choose another professional on the staff for my next visit. This was not the first time I was forced to change doctors because the one I had been seeing was leaving. This time, however, I heard the reason. She was leaving because of the vast amount of paperwork she was forced to submit to the various insurance companies in order for payment to be made. She told me she spent 3 extra hours the night before filling out insurance company forms before she could go home to her family. She just could not keep doing that.

We need our health care system to change! Insurance companies are dictating costs, burying our medical professionals with paperwork, and bankrupting our health care system.

Universal health care would be much more manageable and affordable. It is a tried and proven system used successfully in many nations worldwide, including our nearest neighbor, Canada. It is time we switched!

I urge you to vote in support the Maine Health Care Act (LD 1045)

Lynda L Sudlow