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I have been fortunate to live in Canada, England, and Ecuador in my adult life and to spend a summer traveling in Cuba. Each of those countries has some form of universal health care that I needed to access; in short, I felt much safer and well cared-for there than I ever have in the United States. The seeds of universal health care in Canada were planted in Saskatchewan, a province with a population a bit smaller than Maine's, and successfully spread across the country. Universal health care is ethically the right thing to do as well as the most efficient and comprehensive system to guaranteeing medical care for all. Maine is the perfect place to establish it in this country: we are manageable in size and geography, we have an aging population, we have a good medical infrastructure, a supply of qualified and diligent new residents from other countries to support the process, a more collectivist mindset than other parts of the country, a good private and public post-secondary school system full of bright minds and leaders, and a significant percentage of the population who would benefit immediately. Relieved of worries of health care, more young people would move to Maine and those already here would stay. Small businesses could gestate more easily, and large businesses would no longer be responsible for providing health care as a benefit. Larger companies would be more likely to establish themselves here if we had an existing health care infrastructure. This is the place and this is the time. Let's not let it pass us by.