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I am a physician in Maine. I had my first daughter, a beautiful baby girl in 2016. We conceived her quickly. We were excited to try for our second. A year and half later we were frustrated by our inability to conceive. We tried everything- exercising more/less, meditating, vacations, certain foods. Nothing helped - especially being told “stop trying and it will happen” and “stress doesn’t help.” I also get like I should feel lucky I already had one and who was I to complain. In my heart, though, I knew another soul was waiting for us. Eventually I was put in clomid. This also did nothing. I contacted Boston Ivf and was blessed to conceive our second daughter after one round of Ivf. She was born May 2020. We were able to afford the process with our savings and a small loan. However most people are not so fortunate . I also look at the cost of student loan payments, daycare and another round of Ivf as I consider trying through Ivf for a third child. I was hesitant to write this email because secondary infertility feels embarrassing. I still feel like maybe I could have done something different- even though I was reassured we did everything and sometimes it just doesn’t happen. I ultimately chose to submit this because I want other people who are going through secondary infertility to not have to deal with financial struggles along with the emotional turmoil of this situation.