



May 4th, 2021

To whom it may concern,

My business HELD: *Postpartum Care Guided by Deeply Nourishing Food*, strongly supports, LD 1357, An Act To Require Private Insurance Coverage for Postpartum Care. Additional support is needed in the postpartum period to ensure the birthgiver and family are able to thrive. Because additional services currently require out of pocket expenditure, many birthing people go without the much needed additional support and services. The health of young families is a critical step to a healthy Maine.

Sincerely,  
Muriel Webster  
HELD  
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