

Jessica Stack
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To Whom It May Concern:

I support LD 1357, An Act To Require Private Insurance Coverage for Postpartum Care. Birthgivers need additional support after childbirth and this bill would have an enormous impact on Maine families. One single 6 week checkup post delivery is not enough. Postpartum Depression, Pelvic Floor Dysfunction and Anxiety are just a few of the many issues that can affect birthgivers in the postpartum period. With this bill, birthgivers can have access to the specific care they need to thrive and flourish after the birth of a baby.

At five day postpartum I was readmitted to the hospital where I underwent an emergency blood transfusion and was diagnosed with postpartum preeclampsia and heart failure. I have spent the last 2.5 years recovering. This could have been prevented if I had received adequate postpartum care. Even after that entire ordeal, I just recently underwent a Full Hysterectomy. Moms need to be made a priority in postpartum care and this bill will help to prevent situations like my own from happening to other woman.

Sincerely,
Jessica Stack
Kittery, ME