

Taylor Smith
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To Whom It May Concern:

I support LD 1357, An Act To Require Private Insurance Coverage for Postpartum Care. Birthgivers need additional support after childbirth and this bill would have an enormous impact on Maine families. One single 6 week checkup post delivery is not enough. In Australia my friend is receiving a visit from midwives daily for the first ten days after her son's birth, this is the kind of care American mothers deserve. Postpartum Depression, Pelvic Floor Dysfunction and Anxiety are just a few of the many issues that can affect birthgivers in the postpartum period. I know I personally had never experienced a panic attack in my life until the birth of my son. Postpartum recovery was extremely difficult mentally and physically, and mothers feel supported in pregnancy, but then abandoned after. We have the power to change things, and we should. With this bill, birthgivers can have access to the specific care they need to thrive and flourish after the birth of a baby.

Sincerely,
Taylor Smith
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