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To Whom It May Concern:

I support LD 1357, An Act To Require Private Insurance Coverage for Postpartum Care.

Birthgivers need

additional support after childbirth and this bill would have an enormous impact on Maine families. One single

6 week checkup post delivery is not enough. Postpartum Depression, Pelvic Floor

Dysfunction and Anxiety are

just a few of the many issues that can affect birthgivers in the postpartum period. With this bill, birthgivers can

have access to the specific care they need to thrive and flourish after the birth of a baby.

I am a professional Doula who has been serving families for over 20 years, I find the postpartum visits are very necessary, and if families can't afford to have a Doula many of their concerns go unanswered, leading to trauma, depression and babies at risk. If Insurance was to cover these visits, the communities in a whole would benefit.

Many Blessings Rebecca Goodwin Doula/ SpBAP