

Brooke Flaherty  
Scarborough

To Whom It May Concern:

I support LD 1357, An Act To Require Private Insurance Coverage for Postpartum Care. As a physical therapist, I have seen first hand the ramifications that poor postnatal care can have on birthgivers. Poor coverage and poor access to postnatal care is a tremendous oversight and disservice to this vulnerable population. Delivering a baby can lead to physical and psychological changes that can have long lasting impact on the birthgivers well being. Birthgivers need additional support after childbirth and this bill would have an enormous impact on Maine families. One single 6 week checkup post delivery is not enough. Postpartum Depression, Pelvic Floor Dysfunction and Anxiety are just a few of the many issues that can affect birthgivers in the postpartum period. With this bill, birthgivers can have access to the specific care they need to thrive and flourish after the birth of a baby.

Sincerely,  
Brooke Flaherty PT, DPT  
Scarborough ME