

Rebecca Falzano  
Falmouth

To Whom It May Concern:

I support LD 1357, An Act To Require Private Insurance Coverage for Postpartum Care. Birthgivers need additional support after childbirth, and this bill would have an enormous impact on Maine families. As someone who experienced postpartum anxiety, I know that a single 6-week checkup post-delivery is not enough. Issues like Postpartum Depression, Pelvic Floor Dysfunction, and Anxiety are just a few of the many conditions that can affect birthgivers in the postpartum period. With this bill, birthgivers can have access to the specific care they need to thrive and flourish after the birth of a baby. We already support a person through pregnancy--let's offer that same level of care and attention afterward, during one of the most vulnerable, vital, and life-changing periods of their lives.

Sincerely,  
Rebecca Falzano  
Falmouth, ME