# PROPOSED AMENDMENT to LD 1357, An Act To Require Private Insurance Coverage for Postpartum Care

Amend the bill by adding after section 1 the following:

Sec. 2. 24-A MRSA §2834-D is enacted to read:

## §2834-D. Maternity and postpartum care

An insurer that issues group contracts providing maternity benefits shall provide coverage for services related to postpartum care, including coverage for development of a postpartum care plan; contact with the patient within 3 weeks of the end of pregnancy; a comprehensive postpartum visit, including a full assessment of the patient's physical, social and psychological well-being; treatment of complications of pregnancy and childbirth, including pelvic floor disorders and postpartum depression; assessment of risk factors for cardiovascular disease; and care related to pregnancy loss. Coverage must encompass the recommendations outlined in the "Optimizing Postpartum Care" opinion published May 2018 by the American College of Obstetricians and Gynecologists and support postpartum care as an ongoing process rather than an isolated visit and include services and support necessary to transition a patient to a healthy and stable condition.

### Sec. 3. 24-A MRSA §4234-F is enacted to read:

## §4234-F. Maternity and postpartum care

A health maintenance organization that issues individual and group contracts providing maternity benefits shall provide coverage for services related to postpartum care, including coverage for development of a postpartum care plan; contact with the patient within 3 weeks of the end of pregnancy; a comprehensive postpartum visit, including a full assessment of the patient's physical, social and psychological well-being; treatment of complications of pregnancy and childbirth, including pelvic floor disorders and postpartum depression; assessment of risk factors for cardiovascular disease; and care related to pregnancy loss. Coverage must encompass the recommendations outlined in the "Optimizing Postpartum Care" opinion published May 2018 by the American College of Obstetricians and Gynecologists and support postpartum care as an ongoing process rather than an isolated visit and include services and support necessary to transition a patient to a healthy and stable condition.

Renumber the sections to read consecutively

#### **SUMMARY**

This amendment clarifies the sponsor's intent that the provisions in the bill apply to both individual and group contracts issued by insurers and health maintenance organizations.