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A decaying tooth could easily be a catalyst for many other health problems, so basic preventative maintenance appointments (bi-annual cleanings...etc.) should be included with your health insurance. When I was looking for insurance last year - it seemed archaic that my imaginary children would have dental insurance on my basic health plan - but I wouldn't as a single working adult- like what the fuck? - During the pandemic and as a millennial, if I had to see a doctor for one appointment and sacrifice my health, I'd see a dentist first and foremost- because as young as I am - I know from previous experience how dental health can creep up on you and become an even larger problem- and I'm not the only millennial who has probably learned that the hard way. I once had a co-worker who posted what would happen to his teeth if he didn't brush taped on his office computer to scare him into developing a better habit. As an educator, I also had to take a couple of days off for a root canal (pre-appointment and surgery date) - because dentists offices are usually open when everyone's at work (yay!) - In a dream world- If dental was covered alongside a portable health insurance in Maine, it could also be another good add-on incentive for people who may be considering to live+work in Maine too. Bottom line is- dental needs to be included in a basic health insurance package- because it is a basic health necessity.