

Tin Thai
Portland
LD 156

Testimony of Tin Thai, King Middle School
In Support of LD 156

Senator Rafferty, Representative Brennan and esteemed members of the Joint Standing Committee on Education and Cultural Affairs. My name is Tin Thai. I am a resident of Portland and a grade 7 student at King Middle School.

Today, I'm submitting testimony in support of LD 156, "An Act to Require Outdoor Recess Time For Students From Grade 6 To Grade 8".

I think that all middle schools should have recess. Because I personally would like to go outside and hangout with my friends. I can't imagine not having the 20 minutes of each school day to go outside and play with my friends. If my school did not have recess I would have not been able to build a strong community of friends that would help me and support me when I'm in need.

The second reason why I think that all middle schools should have recess is because kids can get fresh air, they could build new friendships, would give kids a thing to look up to, would give kids a break to socialize. It would also make Maine a stronger community with trust and friendship.

That's why I think middle schools should have recess for kids to make bonds, build stronger connections, run around, be free, relieve stress and most importantly have fun. This is why I think all middle schools in Maine should have recess.

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