

Arlo Korsen-Cayer  
Portland, ME  
LD 156

Testimony of Arlo Korsen-Cayer, King Middle School  
In Support of LD 156

Senator Rafferty, Representative Brennan and esteemed members of the Joint Standing Committee on Education and Cultural Affairs. My name is Arlo. I am a resident of Portland and a grade 7 student at King Middle School.

Today, I'm submitting testimony in support of LD 156, "An Act to Require Outdoor Recess Time For Students From Grade 6 To Grade 8".

I think that all students, including myself, should have time in the middle of the day to socialize, exercise and have fun in general. I know that if I don't have a break in the middle of the day, I'll be less efficient and would probably act out more.

My school (King Middle school) already has a break in the middle of the day and I think many people at my school could not imagine life without it. Many schools in Maine don't have a break in the middle of the day, making them less structured.

I truly believe that Maine schools would be better with recess, making the students happier to go to school, and happier to learn.

Sincerely Arlo Korsen-Cayer  
Portland ME  
masont@portlandschools.org