

Jake Braziel  
King Middle School Portland  
LD 156

Testimony of Jake Braziel, King Middle School  
In Support of LD 156

Senator Rafferty, Representative Brennan and esteemed members of the Joint Standing Committee on Education and Cultural Affairs. My name is Jake. I am a resident of Portland and a grade 7 student at King Middle School.

Today, I'm submitting testimony in support of LD 156, "An Act to Require Outdoor Recess Time For Students From Grade 6 To Grade 8".

I am fine with school but we are inside for 6-7 hours and when you're at my age you have a lot of energy and we can't release energy in a small classroom, so we need to go outside and have free space to do what we want.

This works for our schedule so I wouldn't understand if it didn't work with any other schools. We have good timed classes with recess included, we have a good carved out time in our schedule right after lunch.

I want to thank you for your time and considering passing this law.

Sincerely,

Jake L. Braziel  
Resident of Portland

My teacher's email address, if you have questions: [masont@portlandschools.org](mailto:masont@portlandschools.org)