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I'm writing in support of LD 696. There's a significant amount of research available and studies done that demonstrate the longterm traumatic effects of solitary confinement. It's use as punishment is inhumane, does nothing to rehabilitate, and makes reintegration much more difficult. For these reasons I ask that you to please vote Yes in favor of this bill, which will not only ban the use of solitary confinement, but will also define and regulate it. Thank you.