

Dear Senator Carney, Representative Kuhn, and other esteemed members of the Judiciary Committee,

My name is Molly Curtis. I am from Newburgh, Maine, and I am here to support LD 2239, “An Act to Designate School Sports Participation and Facilities by Sex.”

I staunchly support this cause because I am a former female athlete, an older sister to three more female athletes, and a former youth track and field coach. I am also a full-time nursing student and a part-time Certified Nursing Assistant, with a strong understanding of human biology and physiology. I am passionate about maintaining female safety—not only in sports, but also within spaces that are meant to be private and protected.

Biologically speaking, male anatomy is more equipped for athletics. Men tend to have more efficient oxygen use, larger lungs, denser bones, greater muscle mass and muscle-building capacity, and significantly stronger upper body strength. Because of these differences, males consistently outperform females of the same age, skill level, and training.

To put this into perspective, during the 2023 New England high school track and field championships, the winning time in the boys’ 200-meter sprint was approximately 21.67 seconds. That same year, Olympic sprinter Sha’Carri Richardson ran an official 200-meter time of 21.92 seconds—slightly slower than a high school male athlete.

It isn’t fair to allow girls to be put at a disadvantage simply because their biology is different. Male and female bodies are not comparable in this context, and they should not be competing against each other in athletic settings. Sports should be fair, and ensuring a level playing field is the first step.

Thank you for your time and consideration.