

**March 25, 2026**

**To the Maine Legislature**

**As a breast cancer patient who values a naturopathic and integrative approach to healthcare, I have chosen to pursue treatments that align with both my personal beliefs and my understanding of supportive therapies.**

**However, I have encountered limitations in the state of Maine that prevent my naturopathic doctor from prescribing certain treatments—such as IV vitamin C and other essential nutrients, even when these therapies are well proven to be beneficial and are readily available in other states.**

**When faced with the terrifying diagnosis of cancer, navigating the healthcare system to include many modalities is often the most difficult part of the experience.**

**My naturopathic doctor being unable to fully manage and coordinate my care adds additional stress. It requires my seeking out multiple providers for treatments that could otherwise be administered by my own trusted practitioner, who understands my health goals and history in a comprehensive way.**

**This restriction creates an unnecessary barrier for patients like myself, who must either forgo these treatments or seek care elsewhere, often at significant inconvenience and expense.**

**I believe that licensed naturopathic physicians, who are trained in both conventional and alternative modalities, should be empowered to utilize the full range of those therapies that are supported by evidence and clinical experience.**

**Allowing qualified practitioners to prescribe and administer such treatments would not only improve continuity of care, but also respect patient autonomy and expand access to integrative health options for everyone in Maine.**

**Having my naturopathic doctor empowered to provide and coordinate these treatments would greatly ease the burden, during an already frightening and uncertain time. It would allow for more cohesive, personalized care and reduce the stress of navigating a fragmented system, helping patients focus more on healing and less on logistics.**

**Kelly Cutler**

**(207) 837-0241**