

March 25, 2026

To the members of the Maine Legislature

I am here today to support bill LD224²~~8~~ because I believe all Mainers should have easy access to IV nutrients from the NDs in my state.

I'd like share just a few of my recent experiences with IV vitamin C, (just one of the many resources that this bill will open up to Mainers wanting to improve their immunity, nutrition and overall health).

I learned of the many benefits of IV vitamin C when my father was diagnosed with cancer at age 83. The VA agreed to pay for successive IV vitamin C infusions as a means to support his strength, health and immunity during extended chemotherapy treatment.

My father's MD declined to prescribe them, citing that he is bound by rules that prevent it.

When my father developed a very large septic boil, he was started on a strong antibiotic and we were instructed to go immediately to the ER for inpatient IV antibiotics if the red area increased, and it did that night.

I was very fortunate to have the email address of an integrative DO who administered IV vitamin C. He agreed to give my father an IV vitamin C treatment before I took him to the hospital. We agreed this was important because we knew that once admitted, the hospital protocol would not support it.

After the IV was completed, the redness around the boil was reduced by nearly 50 percent! There was no longer any reason to hospitalize my father. He was saved the discomfort, the time and the cost of a now unnecessary hospital visit.

After a few months of chemo my father developed severe chemo induced lung problems, which resulted in the need for continuous supplemental oxygen and the use a wheelchair for mobility. I arranged for two IV vitamin C treatments and within 2 weeks he was off of oxygen and walking on his own, starting just 12 hours after the second treatment!

In 3 months we had a follow up with the same MD that could not prescribe IV vitamin C. He said, "I didn't think I would ever see him again, and I certainly didn't think he would be off oxygen and walking." And "Even though I can't support what your doing, I'm glad you are doing it, and I think you should keep doing it." He was, of course, referring to the IV vitamin C infusions.

I recently had a sudden illness and wanted to receive an IV vitamin C treatment on a weekend. The regulations did not allow my ND to do that for me, but he agreed that it would help me. Unfortunately, the only facility available was a commercial spa-type location. On the intake, I talked for less than 5 minutes with an MD over a tablet Zoom call, to determine what was safe to give me. I was literally ordering my IV nutrients from a menu, just like a restaurant!

Wouldn't it have been better to have my own health ND prescribe and administer those nutrients, to make sure they were the right amounts and safe and appropriate?

I stand firm on my wish that everyone in Maine could have access to these effective integrative medical therapies as an option, so we can get the healthcare we need from our local, accessible and highly qualified naturopathic doctors. All Mainers deserve that.

Thank you for your help in making that happen.

Sincerely, June Holman-Westbrook