

Cayford, Edna

From: Yvonne Perry <flatlanders.farm296@gmail.com>
Sent: Tuesday, March 24, 2026 7:50 PM
To: Cayford, Edna
Subject: Support to the Maj Substantive rules provisionally adopted by the complementary healthcare providers

This message originates from outside the Maine Legislature.

Dear Ms. Edna Cayford,

I am writing to you today as a grateful patient to strongly urge your support for the adoption of the new formulary rules regarding Naturopathic Doctors (NDs).

Accessing naturopathic care has been transformative for my health. My doctor provides a level of compassionate, comprehensive care that is often difficult to find in a traditional setting. She takes the time to truly listen to my concerns and offers "outside the box" thinking that bridges the gap between conventional medicine and holistic healing.

Because she is highly trained in both medical science as well as herbal and homeopathic remedies, she offers the best of all worlds. Under her guidance, I have successfully navigated several health conditions by focusing on the root causes of my symptoms rather than just treating the "branches". This approach has not only improved my quality of life but has also empowered me to take an active role in my long-term wellness.

The proposed formulary rules are a vital step in ensuring that NDs can practice to the full extent of their training. Many people are craving this integrative approach to healthcare but are currently unable to receive it under existing limitations. By supporting these changes, you are helping to ensure that patients like me have access to the effective, personalized care we need and deserve.

Thank you for your time and for considering the positive impact these rules will have on the health of our community.

Sincerely,
Yvonne Perry, MEd, ATC