

## Cayford, Edna

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**From:** Jodie James <jbbjames@gmail.com>  
**Sent:** Tuesday, March 24, 2026 4:56 PM  
**To:** Cayford, Edna  
**Subject:** Support for the Maj Substantive rules provisionally adopted by the complementary healthcare providers (LD2242)

**This message originates from outside the Maine Legislature.**

Dear HCIFS Committee,

I am writing to express my strong support for the Major Substantive Rules provisionally adopted by the Board of Complementary Healthcare Providers (LD 2242).

As a practicing veterinarian in Maine, I offer a unique perspective as both a medical professional and a patient of a Naturopathic Doctor (ND). My ND is exceptionally skilled and has been a vital resource for my health over the past decade. However, current limitations on her ability to prescribe certain medications have created significant obstacles to effective treatment.

Recently, I managed a complicated urinary tract issue involving a resistant infection and kidney compromise. Due to my history of congenital urinary tract surgery, my case required individualized care from someone familiar with my unique medical history. Because my ND could not prescribe the necessary antibiotics, I was forced to rely on an allopathic system that followed rigid algorithmic protocols. After two months of inadequate therapy and inaccessible providers, I suffered a kidney obstruction that required hospitalization. I firmly believe this outcome could have been avoided if my ND had been authorized to prescribe the appropriate medications.

Naturopathic Doctors have been licensed in Maine for 30 years, and both the Board of Complementary Healthcare and the Attorney General have approved these rules. I urge the committee to support LD 2242 to ensure patients receive the comprehensive, individualized care they deserve.

Sincerely,

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