

## Cayford, Edna

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**From:** Midcoast Fence <info@midcoastfence.com>  
**Sent:** Tuesday, March 24, 2026 9:21 AM  
**To:** victoria.doudera-legislature.maine.gov@shared1.ccsend.com  
**Cc:** Cayford, Edna  
**Subject:** In support of Major Substantive Rules provisionally adopted by the Board of Complementary Healthcare Providers

**This message originates from outside the Maine Legislature.**

From: Jenny Simon • 530 Belfast Road, Camden, ME 04849 • [eejsimon@gmail.com](mailto:eejsimon@gmail.com)

Sent via email

March 24, 2026

Dear Representative Doudera:

I am writing in support of the proposed new formulary rules recently approved by the Board of Complementary Healthcare and Maine's Attorney General.

With the shortage of medical professionals in this state, and the dramatic increase of vector (tick) borne and chronic illness, it is vital to public health that Mainers be able to benefit from the therapeutic options already available in other states like NH and VT.

Naturopathic doctors (ND) have been a part of my healthcare for almost 30 years now, with 20 of those years right here in Camden, Maine. Standard medical doctors (MDs/DOs) understand acute care and surgical interventions well but they do not often recognize nor understand effective testing for and treatment of tick/vector borne and chronic illness. Misdiagnosed by our standard MDs, a family member and I both lost significant time and money. Thankfully, the NDs at Camden Whole Health were able to more rapidly diagnose and successfully treat us both using prescribed pharmaceutical, supplemental, and natural therapies for some very serious pathogens that had been continuously overlooked by MDs.

Whatever letters follow a physician's name — ND, MD, or DO — they all undergo rigorous foundational graduate studies at accredited four-year medical school programs, all receive hands on supervised training, all participate in clinical internships, and all sit for standardized board licensing examinations. NDs additionally hold extensive knowledge in both natural remedies and pharmaceutical medications — including, importantly, understanding the potential interactions between them.

Thank you for your careful consideration and attention to this important public health benefit. I support the adoption of the naturopathic formulary and hope you will approve these new rules.

Jenny Simon  
Camden, Maine

cc: Edna Cayford