

Cayford, Edna

From: Miranda Phelps <phelpsm036@gmail.com>
Sent: Tuesday, March 24, 2026 9:49 AM
To: Cayford, Edna
Subject: Support to the Maj Substantive rules provisionally adopted by the complementary healthcare providers

This message originates from outside the Maine Legislature.

Hello,

I am writing to support to expansion of what naturopathic doctors are legally allowing to do, including the new formulary rules that are being proposed.

I have worked with naturopathic doctors (three different ones here in Maine) over a period of 20 years. They have helped me both in establishing a good plan for staying healthy/preventive care and with responding to health challenges such as the flu, COVID, and high cholesterol. While their leaning is toward "natural" supplements and medications, I have found them very responsible in suggesting more traditional medicines when needed. However, in those cases, they have had to send me back to a "traditional" doctor. This should not be the case. My naturopathic doctor should be able to prescribe a wide range of medication, whatever is needed, as their training and expertise equips him/her for this.

I depend on my naturopathic physician as my primary source of health and well being. I feel strongly that they should be legally able to help me in the broadest possible sense.

Thanks for considering my point of view.

Miranda Phelps, Psy.D.
Waterville, ME