

Cayford, Edna

From: Wendy Sincyr <wendy.sincyr@gmail.com>
Sent: Tuesday, March 24, 2026 10:33 AM
To: Cayford, Edna
Subject: Support to the Maj Substantive rules provisionally adopted by the complementary healthcare providers

This message originates from outside the Maine Legislature.

I support the proposed rules.

There have been many instances in the last 10 years that I have had to see multiple providers to get or to adjust the medications I've needed. This has caused delays in my treatment, as it takes considerable time to get appointments with multiple providers and then coordinate with the PCP's office. I experienced acute arsenic exposure a couple years ago. My naturopathic provider was instrumental in diagnosing and beginning treatment. I feel that she literally saved my life while I was waiting for my PCP's office to "fit me in". During that time I had at least 2, if not 3, different locum providers in my long-time primary care office. I experienced high out of pocket costs as I had to travel from Embden to Portland to receive IV therapy.

It is very important to me that my naturopathic provider be able to prescribe my medications along natural treatments. I feel my naturopathic provider has exceptional knowledge of how all medications and treatments work in the body and synergistically with each other. The prescribing safety of naturopathic doctors is well documented. As an RN myself, I can truly appreciate the depth and breadth of my naturopathic provider's knowledge and training. I look forward to the day that my naturopathic provider, who knows me and my medical issues best, can provide the full scope of care that I need.

Respectfully,

Wendy Sincyr, RN