

**Cayford, Edna**

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**From:** Mary Ashmore <ashmoredogmail.com>  
**Sent:** Tuesday, March 24, 2026 8:53 AM  
**To:** Cayford, Edna  
**Subject:** "In Support of the Major Substantive Rules provisionally adopted by the Board of Complementary Healthcare Providers"

**This message originates from outside the Maine Legislature.**

To whom it may concern:

I wholly support the complementary healthcare providers. In my 30 years of practicing primary care in Lincoln county, I have numerous interactions with these providers as well as referred many of my patients to them. I trust them, their training and their expertise. I support these rules that they are recommending and ask that you approve their recommendations.

Sincerely,  
Mary L Ashmore, D.O.  
Family Medicine  
Rockport, Maine