

## Cayford, Edna

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**From:** Tyler Weed <doctortynd@gmail.com>  
**Sent:** Monday, March 23, 2026 8:59 PM  
**To:** Cayford, Edna  
**Subject:** Support to the Major Substantive rules provisionally adopted by the complementary healthcare providers  
**Attachments:** ND formulary provision support.docx  
**Follow Up Flag:** Follow up  
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**This message originates from outside the Maine Legislature.**

Good Evening Ms. Cayford,  
Please see my submission below and attached. Thank you for all you do.

best,  
Dr. Tyler J. Weed ND

Dear Chairs Mathieson and Bailey and members of the HCIFS Committee,

My name is Tyler Weed and I am a Naturopathic Doctor living in Kennebunk Maine. I maintain practices in both Kennebunk and Camden for the past five years. I am writing in strong support of the Resolve to Review Major Substantive Rule Related to the Formulary for Naturopathic Doctors, as written by the Board of Complementary Health Care Providers.

In my day-to-day work, I see firsthand how the current formulary creates unnecessary barriers to efficient and quality patient care. These barriers lead to delays in treatment, unnecessary referrals, confusion among pharmacists, as well as, added time and financial burden for patients. Even in collaborative settings, there is often uncertainty among MDs, NPs, and PAs about what I am legally able to prescribe or order, which further fragments care and slows decision-making. The result is a system marked by poor continuity of care, leaving critical gaps in treatment, contributing to worse patient health outcomes, and placing additional strain on an already overburdened healthcare system.

For example, a recently established patient in my practice needed a follow-up chest CT to reassess prior findings from imaging previously ordered by his now-retired PCP. Being left without an established primary care provider, he was placed on a 6-month waiting list to be seen by a new provider. Due to these challenges in access to care, he encountered months-long delays in obtaining this imaging. Furthermore, he also required refills of his anti-hypertensive medication that would run out in two months. While this is a single case, it reflects a pattern I see frequently in clinical practice. Routinely these patients will find themselves in the ER or travel long distances to be seen in a timely manner, such as other states where NDs can provide care that Maine NDs cannot.

These are exactly the kinds of gaps that the proposed formulary updates would help address. By modernizing the list of medications NDs may prescribe, authorizing the use of IV therapies, and clarifying our ability to order advanced imaging (such as CT and MRI with contrast), these rules would bring much-needed clarity and efficiency to patient care. They would also better align our scope with the education, training, and clinical competency we are held to.

Naturopathic Doctors undergo rigorous training in pharmacology and clinical medicine, including comprehensive assessment through the NPLEX examination. We receive a year of supervised clinical experience in the 4<sup>th</sup> year of medical school and in the state of Maine, we are required to complete a year of supervised prescribing prior to entering independent practice.

At its core, this proposal is about improving access, continuity, and quality of care. Maine's Naturopathic Doctors are ready and able to help fill critical gaps in our healthcare system, but we need a clear and modern framework to do so effectively.

I respectfully urge you to support these rules as written.

Thank you for your time and consideration.

Respectfully,

Tyler J. Weed ND

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**Tyler J. Weed, ND**

Naturopathic Doctor

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