

Cayford, Edna

From: laura west <laurahwest@gmail.com>
Sent: Monday, March 23, 2026 8:36 PM
To: Cayford, Edna
Subject: Support to the Maj Substantive rules provisionally adopted by the complementary healthcare providers"

This message originates from outside the Maine Legislature.

My Primary Care MD referred me to an ND. She said, "Perhaps this ND will be able to help you in ways I cannot."

I have been most impressed with my ND's knowledge and competence. My severe chronic fatigue has lessened, slowly my cholesterol level has been decreasing using only herb based supplements and we have decreased glucose levels in my blood. With the blessing of my prescriber, the dose one medicine my ND said contributes to fatigue has been cut in half with successful results.

I hope this information helps you in deciding the outcome of this legislation.

Sincerely
Laura West