

Cayford, Edna

From: Sasha Rose <sasharosend@gmail.com>
Sent: Monday, March 23, 2026 5:14 PM
To: Cayford, Edna
Subject: Support to the Maj Substantive rules provisionally adopted by the complementary healthcare providers

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This message originates from outside the Maine Legislature.

I support the adoption of the naturopathic formulary. It represents an important step forward for healthcare access in ME

As a naturopathic doctor licensed in both Maine and New Hampshire, I am well aware of the differences in formularies in these two states.

I had a patient initially living in NH. I was managing her anxiety medications as well as those for chronic Lyme disease. A job change prompted her to move to Maine. At that point I was no longer able to manage her medications. She was on a 6+month waiting list for a primary care provider. If the naturopathic formulary had been modernized, this patient would have received the continuity of care she deserved.

I respectfully request that you approve the new rules.

Thank you,
Dr. Sasha Rose, ND, LAC