

Cayford, Edna

From: Mary Ann Larson <larsonma47@gmail.com>
Sent: Monday, March 23, 2026 2:31 PM
To: Cayford, Edna
Subject: support to the majority substantive rules previously adopted by the complementary healthcare providers.

This message originates from outside the Maine Legislature.

Yes, by all means expand the scope of practice of Naturopathic Doctors in Maine. Not only will this help in some ways to ease the burden on primary care providers and possibly others, but it will offer alternatives to traditional therapies that may not be working for a patient.

I have used Naturopathic doctors in Maine for years, as an adjunct to my primary care doctor, with great success. I've learned so much regarding ways to support my body in healing on its own when able. These are highly trained and deeply knowledgeable practitioners that offer a multitude of therapies of great value. Often these are therapies that have been used for centuries around the world.

Naturopaths are healthcare providers with much to offer and provide a way to potentially fill some gaps left by our shortage of providers and the limits of Western medicine.

Thank you,
Mary Ann Larson
Bangor