

## Cayford, Edna

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**From:** Mary Larrabee <marytitus@comcast.net>  
**Sent:** Monday, March 23, 2026 10:37 AM  
**To:** Cayford, Edna  
**Subject:** Support for NDs

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This message originates from outside the Maine Legislature.

Hi, I go to a ND and found that she better understands my symptoms and can prescribe medicines that help resolve the situation and tests that show what problems I have much better than my regular doctor can.

With the shortage of medical doctors, Maine especially needs their expertise.

Mary Larrabee