

## Cayford, Edna

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**From:** Kate Mcmorrow <katethrives@gmail.com>  
**Sent:** Monday, March 23, 2026 11:30 AM  
**To:** Cayford, Edna  
**Subject:** Support to the Substantiative rules provisionally adopted for complimentary Health Providers

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**This message originates from outside the Maine Legislature.**

Ms. Edna Cayford,

I am writing to you today to show my support, and hopefully yours, for allowing Naturopathic Physicians and other complimentary care providers to be able to prescribe a full array of medicine as well as administer IV nutrients.

Over the years I've used Naturopathic doctors for many health issues with remarkable success. One area I feel allopathic medicine is very weak is in the area of toxicity. When I went to my GP with stiffness, they sent me to rheumatology, who sent me home without even testing me. She suggested the Mediterranean diet, which I had been on for years, and suggested I was completely healthy, without any further tests. So, I went to my ND, who did a broad spectrum of testing. She discovered inflammation, compromised mitochondrial function, Heavy metals, extremely high mold toxicity. My ND, then created a plan for optimal health that is working extremely well.

I did have to go to another clinic for IV treatment which was expensive both in time and money, but necessary and very helpful. Had my ND been able to offer this treatment in her office, it would have been far more economical.

All is to say that ND's need the same opportunities to help their patients as MD's do. It is crucial to creating health and wellness vs just adding more pharmaceuticals without looking at the causes. ND's have so many more ways to help and in my opinion extremely mindful of the wholistic approach which includes finding the root causes of the health issues, which is what helps us heal.

Please support this legislation,  
Thank you,  
Kate McMorro

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