

Cayford, Edna

From: Becky H <beckyh2001@gmail.com>
Sent: Monday, March 23, 2026 9:19 PM
To: Cayford, Edna
Subject: Please support our Naturopathic Dr.'s

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This message originates from outside the Maine Legislature.

Dear Edna,

Please consider supporting the Naturopathic Dr.'s they truly make a world of difference to those of us (especially) with complex medical issues due to genetics. I would not be as healthy as I am today, nor as confident, hopeful and well without the guidance and medicine of my naturopath. He's been a great and positive influence in my health and my life. Below is my testimony:

To whom it may concern, 3/6/3/6

Naturopathic medicine has been
survived in saving me. I have complex
medical health issues due to genetics.
My mainstream medical didn't have the
answer on healing me. I went that
I needed. So I found a naturopathic
Dr. and he was (kindly patient), listened
to everything I said and never
once did he laugh at me like other
medical professionals did. I
felt heard, seen and he gave me
hope that my health would improve.
He taught me nutrition, gave me
supplements for head/and spine
me what to avoid. I followed all
his advice and things not the same
anymore. I was. I feel healthy,
have more energy and vitality
which was vastly. I had
to mention my anxieties, food
sensitivities (headaches) had improved.
I feel with the help of a naturopath,
I could be much better and maybe
not even be here today. A naturopath
can see where he found the reasons
to what was causing it, and investigated

ways to (hopefully) prevent any
recurrences. I attribute my
health and better head the feeling
to the overall and better more
hopeful outlook on life to
my naturopath. Please give
them a chance to heal others,
and make this world a
healthier place. WASH DC
NATUROPATHS and their
expertise, kindness and ability
to heal others, when I had the
disease, it was too late for
antibiotics, many natural
supplements and herbal remedies
that helped me heal. He told me
about the side effects and made
sure other needs I was taking care
of. He monitored me, and
side effects, when my mainstream
Dr had said the medicine inter-
actions would be shown me
what the effects would be on my
mainstream (Dr's) (Dr's)
Please Support these Naturopathic
Dr's they truly make a difference
every day.

Sincerely,
Sally Helbert

God Bless,
Becky

Sent from my iPhone