



## **Testimony in Support of LD 868: An Act to Ensure Equity and Safety in Athletics, Restrooms, Changing Rooms and Housing at Elementary, Secondary and Postsecondary Schools**

May 8, 2025

Senator Carney, Representative Kuhn, and Members of the Joint Standing Committee on Judiciary:

My name is Nick Adolphsen, and I am the Executive Director at the Christian Civic League of Maine. I'm writing today in support of *LD 868 An Act to Ensure Equity and Safety in Athletics, Restrooms, Changing Rooms and Housing at Elementary, Secondary and Postsecondary Schools*.

This legislation is not just common sense, it is necessary. It protects fairness and safety for young female athletes, aligns Maine with longstanding federal law, and reaffirms the truth about human identity as revealed by both science and Scripture. Let me briefly address each of these three key points:

### **It's Unfair and Unsafe for Biological Males to Compete in Girls' Sports**

Biological differences between men and women are real. They are measurable. And they matter, especially in competitive sports.

Males, on average, have higher levels of muscle mass, bone density, lung capacity, and speed. These are not "identity-based" advantages; they are physical facts. Allowing biological males to compete in girls' sports doesn't promote inclusion, it denies fairness. It strips opportunities, scholarships, and podium finishes from young women who have trained and sacrificed for years.

Thousands of **medals have been lost by high school girls to biological males** around the country – many right here in Maine. This isn't equality. It's erasure.

And it's not just about trophies—it's about safety. Contact sports like volleyball, soccer, and basketball carry real injury risks. When girls are forced to compete against biologically stronger opponents, they face physical harm—something no law should condone.

### **It's Illegal Under Federal Law**

LD 868 is not a radical new policy—it's a return to the original intent of Title IX, the federal law that transformed women's athletics.

Title IX was designed to expand *separate but equal* opportunities—not to erase them. In fact, federal courts across the country are increasingly upholding laws that protect the definition of “sex” as biological sex. Twenty-six states have passed laws similar to LD 868, and 24 attorneys general have urged the U.S. Supreme Court to affirm states’ rights to protect fairness in girls’ sports.

### **It’s a Spiritual and Moral Truth: God Created Us Male and Female**

From the first pages of Scripture, the truth is clear: “*God created man in His image; male and female He created them.*” (Genesis 1:27)

Gender is not a social construct. It is a gift. And denying this foundational truth brings confusion, not peace. We see this confusion play out in locker rooms, in classrooms, and in the hearts of young people who are told they must change who they are in order to be loved or accepted.

At its root, this issue is not just political—it is spiritual. The Enemy has always attacked what God declared good. And today, that attack is focused on human identity.

We say this with compassion: affirming a lie is not love. Protecting girls’ sports, privacy, and safety is not an act of hatred—it’s an act of truth, courage, and yes, love. Because we love our daughters, we fight for their opportunity to compete fairly and grow safely.

To those who argue that this debate is about inclusion, I would ask—inclusion for whom?

Because what’s happening now is not inclusion. It’s injustice. And it’s time for Maine to take a stand. LD 868 is about fairness, truth, and protecting the dignity of our children. We can love people without lying to them. We can show compassion without sacrificing justice.

So today, I urge you to vote “Ought to Pass” on LD 868, not just because it’s popular, or because it’s legally sound, but because it’s *right*.

Thank you.

Sincerely,



Nicholas Adolphsen  
Executive Director