

May 8, 2025

RE: LD 868 and LD 1337

My name is Alan Bean. I am a recently retired medical doctor. I grew up here in Maine and practiced here for 38 years. I speak today, not from a moral or political perspective. I am here to represent objectively defensible scientific facts. That said, I am unequivocally in favor of the passage of both LD 868 and LD 1337. The societal experiment that attempts to normalize transgenderism flies in the face of both established science and common sense. Having cared for numerous individuals who have identified as the opposite gender from their genetic gender, I know that these individuals deserve our compassion and I have always given them compassion. In my experience, however, without exception, every transgender patient I have ever encountered has had one of several significant psychological disorders underpinning their false gender perception.

Although I could enlighten this legislative body as a medical expert for as long as you would permit, I would simply like to point out one obvious hypocrisy has seemingly not been considered.

For several decades, both male and female athletes have been disqualified from athletic competitions when lab tests have shown them to be using androgenic steroids. Androgenic steroids are naturally occurring substances in males that promote muscle growth and strength, testosterone being the most widely recognized by the lay public. These substances, both natural and man-made, when used to give athletic advantage, are known as Performance Enhancing Drugs, or PEDs. If any athlete, especially a female athlete, takes a PED, then that athlete is rightfully disqualified for having an unfair advantage over the other competitors. How then, is it not gross hypocrisy to allow biological males to compete against females, when a male competitor has had a lifetime of androgenic steroid effects upon his muscles and bone structure?

So, regardless of one's political party affiliation, it should be obvious that anyone who votes against passage of these bills is either: 1) endorsing this hypocrisy, 2) ignorant of the medical facts, 3) politically motivated, or, 4) simply succumbing to societal peer pressures.

There are many other arguments to be made in favor of these bills and essentially no objectively verifiable scientific arguments against. I implore you all to vote in favor of these bills, as the vast majority of your constituents would have you do. Thank you for your time.

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