

**Lasorsa, Megan**

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**From:** Jane Sutherland <laughingloon4@hotmail.com>  
**Sent:** Saturday, April 19, 2025 2:24 PM  
**To:** Cmte HHS  
**Subject:** Please Vote ONTP on LD 1570 -- Protect Community Water Fluoridation!

**This message originates from outside the Maine Legislature.**

Dear Members of the Health and Human Services Committee,

I'm writing as a dental hygienist of 45 years and grandparent to urge you to vote Ought Not to Pass (ONTP) on LD 1570: An Act To Prohibit Fluoridation of the Public Water Supply.

During my 45 year career as a hygienist in a Northern Maine practice, I have seen the direct results of fluoridation in public water supplies, schools, and my office. Nothing breaks my heart more than to see children suffer from dental caries that could have been so easily and inexpensively prevented through fluoridation.

Community water fluoridation is one of the most effective public health measures of the last century. It prevents tooth decay, reduces health disparities, and saves money—about \$20 in dental costs for every \$1 invested according to the CDC. Adjusting fluoride levels in water to support oral health is safe, thoroughly studied, and endorsed by every major public health and medical organization.

Children, especially those in low-income families, benefit the most. Fluoridation helps keep kids in school and out of pain by preventing the number one chronic disease of childhood: tooth decay.

Please support Maine's long-standing commitment to oral health, and the work of this committee over the past several legislative sessions, and vote ONTP on LD 1570.

Thank you for your service.

Sincerely,  
Jane Soucia Sutherland, RDH  
Caribou, Maine

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