

HOUSE OF REPRESENTATIVES

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> Testimony of Rep. Abigail Griffin introducing LD 886, "An Act to Regulate Medication Abortions" Before the Joint Standing Committee on Judiciary

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Chemical abortions now account for the majority of induced abortions in the U.S. A 2022–23 report found that 70% of Planned Parenthood abortions are performed using the abortion pill. This process involves two drugs: mifepristone, which blocks progesterone and deprives the baby of nutrients, and misoprostol, which induces contractions to expel the baby.

Despite claims of safety, the American Association of Pro-Life Obstetricians and Gynecologists refutes the notion that these drugs are as safe as Tylenol. When the FDA approved chemical abortion in 2000, it recognized its dangers, placing a black box warning and strict safeguards. However, since 2016, these protections have been weakened, and in 2021, the in-person requirement for obtaining these pills was eliminated, exposing vulnerable women—especially victims of abuse and trafficking—to further harm.

This bill seeks to restore necessary protections by requiring that abortion pills be prescribed and administered under the direct care of a physician. Since 2002, emergency room visits related to chemical abortion complications have risen by 500%. Physicians should confirm pregnancies, rule out ectopic pregnancies, and inform women of potential risks, including hemorrhaging, infection, intense pain, and emotional distress. Ongoing medical supervision is critical. To be clear: I do not condone abortion. I want women to be safe and to know that abortion is not the only option. Pregnancy resource centers offer real support—counseling, medical care, and essential supplies—to women in need. The Maine Right to Life reports that 65% of women who have had abortions express regret.

I remain committed to defending the unborn and ensuring that every mother receives the support she needs. A mother's womb should be the safest place for a baby—right now, it is not.

I appreciate the time and effort the Judiciary Committee dedicates to reviewing each bill and I look forward to engaging in meaningful discussions with you in the future.

Thank you for your time.

Abigail W. Griffin State Representative