

Letter of Support for LD1128
To Modernize the Formulary for Naturopathic Doctors in Maine

April 3, 2025

To Madama Chair Senator Donna Bailey and Members of the Joint Standing Committee on Health Coverage, Insurance, and Financial Services:

My name is Anna Froman, ND and I am speaking in support of LD1128. I live in Fairfield and practice naturopathic medicine in the towns of Benton and Brunswick. Additionally, I am the President of the Maine Association of Naturopathic Doctors.

I moved back to Maine five years ago after completing my training in naturopathic medicine at the National University of Natural Medicine in Portland, Oregon. While I was excited to be starting my practice where I grew up, I was confused and am still confused on what I can and cannot prescribe in the state of Maine due to the vague language in the prescriptive authority. While I am willing to practice with a limited scope that no one seems to understand, I know of other naturopathic doctors who decided to stay in other states rather than to move back to Maine after graduation due to the limited scope of prescriptive authority.

The Maine Association of Naturopathic Doctors has tried to get clarification on the prescription rights of naturopathic doctors before. Title 32 Chapter 113-B Subchapter 3 Subsection 4 states the medications that a naturopathic doctor can prescribe is designed by rule by a subcommittee of the board consisting of the naturopathic members, the pharmacist member, and the allopathic/osteopathic physician member; however, this subcommittee does not current exist. In the meantime, Maine loses naturopathic doctors who move to other states in New England with better prescriptive rights than Maine.

Passing LL1128 would simply clarify what medications are in my scope of practice by setting the legal description of a subcommittee needed for this work, and expand some narrow limitations. For example, I can prescribe the standard antibiotic for Lyme Disease but I cannot prescribe the standard antibiotic for Small Intestinal Bacterial Overgrowth.

Thank you for the opportunity to testify in support of LD1128, and I hope you will vote "Ought to Pass" for this bill.



Anna Froman, ND, MS