

Storme Palmer  
45 Wood St.  
Lewiston ME

3/14/25

Senator Henry Ingwersen, Chair  
Representative Michele Meyer, Chair  
Committee on Health and Human Services  
Cross Office Building, Room 209  
Augusta, Maine 04333

Re: *LD 769: An Act Regarding Access to Behavioral Health  
Supports for Adults with Certain Disabilities*

Dear Senator Ingwersen, Representative Meyer, and Members of the  
Committee on Health and Human Services:

I am here to testify in support of LD 769, An Act Regarding Access to  
Behavioral Health Supports for Adults with Certain Disabilities.

My name is Storme Palmer and I live in Lewiston Maine in a group home. I  
have been getting services my whole life and I have been working with  
Disability Rights Maine for years. Especially with Mary Green. Disability  
Rights Maine and Mary Green has changed my life.

Since I was 14 years old. I was put down on the ground and physically tied  
down. My staff held me down so I couldn't move, grabbed my hands and  
made it so I could not get away from them by blocking me and taking away  
my privacy. I had a plan in place that made my staff think this was okay It  
made me so scared and I it hurt my body and my heart. I also saw other  
people get held down and get restrained that and would make me cry  
because I was so scared and sad for them and always afraid they were  
going to do that to me too. My staff would not listen to me, or try other  
things to help me. I feel that if they would have just talked to me and  
worked with me, they would not have needed to hurt me. Mary Green  
helped me move to a different home and teach people about my Rights, so

I won't be abused anymore. I still think that every day someone is going to restrain me or hurt me and that makes me be scared a lot. And that can cause me to have more behaviors when it could be avoided if they would just talk to me and support me.

I don't want anyone else to get hurt or be scared of their staff. I want everyone to know that it is not okay to hurt people, just because they don't how to support them any other way. It is not okay to put their hands on me and scare me just because I have a disability.

I urge you to vote in favor of L.D. 769.

Respectfully Submitted,

Storme Palmer.