

Lasorsa, Megan

From: Alicia Rea <area@aclumaine.org>
Sent: Monday, March 10, 2025 2:15 PM
To: Cmte HHS
Subject: Information for Committee on LD 143

This message originates from outside the Maine Legislature.

Good afternoon,

Today, I was asked to provide the following to the committee:

1. What is the average cost of contraception?
2. What are examples of long-acting reversible contraception?

In response to the first question, it is hard to average these types of contraception together since some are very low cost (such as condoms) and some are high cost (insertion of and cost of the intrauterine device). To try to be helpful, I have included a link to GoodRx's analysis of annual costs of birth control here: <https://www.goodrx.com/conditions/birth-control/annual-cost-of-birth-control>. It looks like costs can range from \$0 to \$2,400, annually.

For the second question, I apologize that I got a bit mixed up while answering. Examples of long-acting reversible contraceptives include IUDs (intrauterine devices) and birth control implants (such as Nexplanon). Birth control pills are NOT long-acting reversible contraceptives since they require daily ingestion - again, my apologies for getting a bit turned around while at the podium. I would defer any further questions on medication contraception to the medical providers.

With appreciation for your time,
Alicia Rea

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