

Key Testimony:

Data: Obesity impacts 14.5 million children in the US, 1:3 Maine children
Current Guidelines: AAP Clinical Practice Guideline 2023: Intensive Health Behavioral Lifestyle Therapy is foundational, however most children and adolescents with Obesity, especially class 2 and class 3 obesity will require additional treatments including pharmacotherapy and or metabolic and bariatric surgery.

FDA approval – providing OMA Pediatric Algorithm summary slide of Anti-obesity medications

18 states with Medicaid coverage: see maps

latest map: via State Plan Amendment allows for significant cost savings – did pursue DUR rather than legislation

NH model – used previously as template for our SPA draft

Anti-Obesity Medications (AOMs)

Pharmacologic Summary	Indication	Age (years)	Pharmacologic Summary	Indication	Age (years)
FDA Approved for Pediatric & Adult Obesity	Phenylephrine/Hydroxycarbonyl	12	FDA Approved for T2DM Indication	Traglipide	14
	Phentermine	>16		Metformin	16
	Liraglutide	12		Empagliflozin	18
	Semaglutide	17		Exenatide	16
	Cosynto	12		Dulaglutide	18
Sibutramine	21	Liraglutide		14	
FDA Approved for Adults >18 years Obesity	Tirzepatide	18	FDA Approved for Allergic rhinitis (Asthma)	Leptirevele (Indication: Severe)	7
	Metformin/Sitagliptin	18		Lebutal (Indication: ADR ID)	8
				FDA approved for long-standing disorder for >18	
				Eliprasen (Indication: Depression/Smoking Cessation)	18

AAP 2023 CPG: Pharmacology

Age-appropriate use is key to success according to indications, risk, and benefits in addition to health behavior and lifestyle treatment.
 Consider use for children and adolescents who require additional treatment options:

- Presence of comorbidities
- Those who are older
- Presence of severe obesity

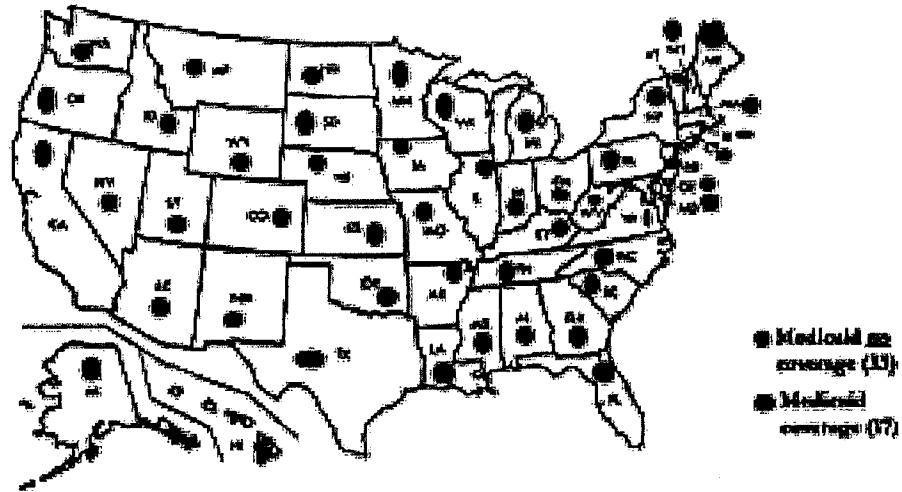
*Specific pharmacology and treatment recommendations for specific populations in Appendix

Obesity Medicine Association Further Guidance (2023-2025)



Data from Nov 2023 – many more State employees with coverage vs Medicaid recipients

State Medicaid AOM Coverage Map



State Employee Health Plans with AOM

