To: Sen. Carney, Rep. Moonen, and members of the Joint Standing Committee on Judiciary

From: Louise Gephart, Brunswick, ME 04011

Re: Support for LD 2238: An Act to Address Gun Violence in Maine by Requiring a Waiting Period for Certain Firearm Purchases

Intro: Sen. Carney, Rep. Moonen and members of the Judiciary Committee, my name is Louise Gephart and I live in Brunswick, Maine.

Testimony: Thank you for the opportunity to testify in support the 72-hour waiting period for purchase of a firearm. I am a retired Clinical Social Worker, and I worked in the Maine mental health system for over 40 years. Gun violence was not at all common in my practice, but I in the rare case where it was, the result was suicide in response to a perceived crisis in the person's life. This tragedy created so many victims – not only the person who died, but their family, loved ones, and their entire community. Suicide can impact families through multiple generations. At the time, I remember thinking, "If only there was time to intervene, to give the impulse time to pass before the person could get a gun." Suicide is so often a permanent response to a temporary situation. Time to stop and consider, listen, ask for and accept help, can make so much difference. Thankfully, I have experienced many lives saved by timely offers of help and caring intervention.

The 72-hour waiting period will ensure that there is time for these processes to occur. It is truly a "common sense" action and is relatively easy to implement without much inconvenience to anyone. In conjunction with universal background checks and effective extreme risk procedures, it is a step toward saving lives. I urge you to support this act and move it forward as "ought to pass."