

Good afternoon Senator Rafferty, Representative Brennan, and members of the committee. My name is Hannah Lord, I am a parent and a doula, and I am asking you to support LD 254: An Act to Upgrade the Sex Education & Consent Curriculum.

Access to medically accurate, age & culturally appropriate, inclusive sexuality education is a vital tool to ensuring young people feel empowered to make decisions about their bodies, lives, and wellness. LD 254 will ensure that educators in Maine have access to the resources, training, and support they need to provide high quality sex education.

Comprehensive sex education ensures that people have the skills to navigate healthy relationships and advocate for themselves. Not just in sexual situations, but at the doctor's office, with their friends, and with their family members.

I want to be sure that the educators at my child's school have access to support, training, and teaching materials that will provide our children with the best sex education possible. I want all young people to grow up understanding their bodies and knowing how to advocate for themselves. Please vote "ought to pass" on LD 254.

Thank you for your time & consideration.

Hannah Lord